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How to update your S7090PVR Receiver:

PLEASE READ THROUGH THE BELOW INSTRUCTIONS CAREFULLY.

1. Remove the power to the S7090PVR.
2. Insert the USB Stick/ Flash Drive into the USB Port on the Back Panel of your S7090PVR.
3. Press and hold the MENU button on the Front Panel of your S7090PVR.
4. Reconnect the power while still holding the MENU button down.
5. Continue holding the MENU button until the Front Display says USB (about 4 seconds).
6. After the Front Display says USB, release the MENU button. The S7090PVR will now take a few minutes to load the new software.
7. Once the update has completed you will be returned to normal TV viewing.
8. Remove the USB Stick/ Flash Drive.

WARNING! DO NOT SWITCH OFF THE RECEIVER WHEN FLASH PROGRAMMING IS IN PROGRESS.